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May 13, 2007

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Inside...

Most bees and insects will not attack when left alone. However, if provoked, a bee will sting in defense of its nest or itself.

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THE EXAMINER

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Purple Heart awarded, Individual Augmentees recognized

By Peggy Shoaf, Public Affairs Officer
NAWS China Lake

NAVAL AIR WEAPONS STATION CHINA LAKE, Calif. -- For wounds received in action Dec. 11 in Iraq, Hospital Corpsman Third Class Henrique J. Soares was honored today with a Purple Heart during the Individual Augmentee Appreciation Barbecue held in the China Lake Commissary's parking lot. The barbecue honored all IAs, both past and present, who have detached from tenant commands assigned to China Lake.

According to the citation read by Cdr. Thomas Driver, officer-in-

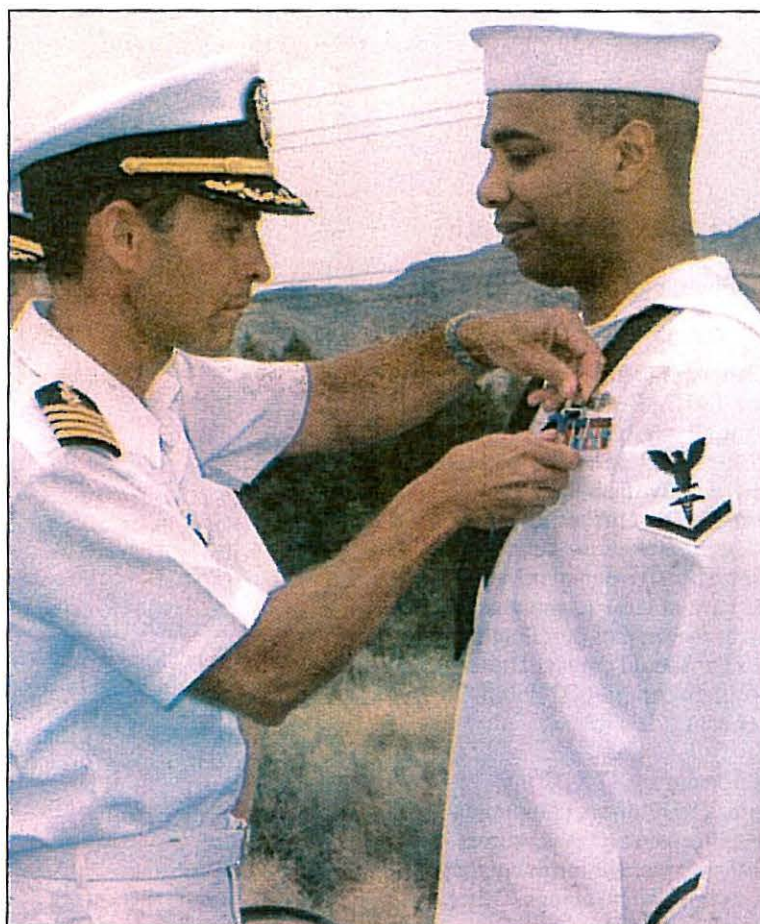
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Naval Hospital Honors
People of the Quarter

Ensign Sarah Bishop, Health Care Operations, was selected as the Officer of the Quarter for the period of Jan. 1 to Mar. 31, 2007.

Her citation reads in part, "With no previous experience or training, you provided over 50 data report pulls and validated and reviewed thousands of data points to ensure the accurate and timely submission of the Command FY08 Business Plan. You also per-

Continued on page 5



Captain Mark Boman, Commanding Officer, Robert E. Bush Naval Hospital, pins the Purple Heart on the chest of HM3 Henrique Soares in a recent ceremony at the Naval Air Weapons Station China Lake.

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Bees Bees Everywhere! What to do if stung!

Martha Hunt, MA Health Promotions Coordinator
Robert E. Bush Naval Hospital

Most bees and insects will not attack when left alone. However, if provoked, a bee will sting in defense of its nest or itself. Bees, wasps, hornets, yellow jackets and fire ants typically cause the most allergic reactions. Mosquitoes, ticks, biting flies and some spiders can also cause reactions, but these are generally milder.

To reducing the risk of being stung by bees: Wear light-colored, smooth-finished clothing.

Avoid perfumed soaps, shampoos, and deodorants. Don't wear cologne or perfume and avoid bananas and banana-scented toiletries. Wear clean clothing and bathe daily as sweat angers bees. Cover the body as much as possible with clothing. Avoid flowering plants. If a single stinging insect is flying around, remain still or lie face down on the ground. The face is the most likely place for a bee or wasp to sting. Swinging or swatting at an insect may cause it to sting.

Brush up on TRICARE's dental programs

By Jenna Holtz
TriWest Healthcare Alliance

Don't give oral health the brush-off. TRICARE has two dental programs that can keep everyone smiling.

The TRICARE Dental Program (TDP) and TRICARE Retiree Dental Program (TRDP) are voluntary, premium based dental benefits programs that offer cost-effective dental services for eligible TRICARE beneficiaries.

Dental services include:

- * Preventive
- * Emergency Services
- * Diagnostic
- * Restorative
- * Prosthodontic
- * Endodontic
- * Periodontic
- * Orthodontic (eligibility requirements and limitations apply)
- * Oral Surgery

Services may require applicable deductibles, maximums, co-payments, waiting periods and limitations.

TRICARE Dental Program (TDP)

Offered through United Concordia, the TRICARE Dental Program (TDP) is TRICARE's dental coverage for all eligible family members of active duty sponsors, as well as the Selected Reserve, Individual Ready Reserve, National Guard and their family members.

The TDP is an affordable, portable program that makes it easy to obtain and maintain good oral health. The cost-effective benefit provides beneficiaries worldwide with comprehensive dental coverage.

To be eligible for TDP, sponsors must have at least 12 months remaining on their service commitment at the time of enrollment. Beneficiaries with questions regarding TDP should contact United Concordia, Inc. at www.tricare dental program.com, 1-800-866-8499, or send an email inquiry to conus@ucci.com.

TRICARE Retiree Dental Program (TRDP)

Managed by Delta Dental of California, TRDP offers comprehensive, cost-effective dental coverage for uniformed services retirees and their eligible family members. TRDP offers coverage for many diagnostic and preventive services, such as exams and cleanings. Other treatments, like periodontics, are covered but require a cost-share.

TRDP eligible beneficiaries include:

If you are attacked by several stinging insects at the same time, run to get away from them. Go indoors to get away from bees that are threatening you. If outdoors, a shaded area is better than an open area to get away from the insects. If a bee gets inside your vehicle, stop the car slowly and open all the windows.

What to do if a person is stung? For mild reactions: Move the victim to a safe area to avoid more stings. Try to remove the stinger by scraping or brushing it off with a firm edge, such as a credit card. Never squeeze the stinger or use tweezers as it will cause more venom to go into the skin and injure the muscle. Wash the site with soap and water. Swab the site with disinfectant. To reduce pain and

swelling, apply ice or a cold pack. Apply 0.5 or 1 percent hydrocortisone cream, calamine lotion or a baking soda paste to the bite or sting several times a day until the symptoms subside. Take an antihistamine such as diphenhydramine (Benadryl, Tylenol Severe Allergy) or chlorpheniramine maleate (Chlor-Trimeton, Teldrin). Have someone stay with the victim to be sure that they do not have an allergic reaction. Do not scratch the sting. This will cause the site to swell and itch more, and increase the chance of infection.

For severe reactions: Severe reactions may progress rapidly. Dial 911 or call for emergency medical assistance if the victim experiences any of the following signs or symptoms: Difficulty breathing or wheezing. Swelling

of the lips, throat, face or neck. Faintness or dizziness. Confusion. Rapid heartbeat. Hives. Nausea, cramps or vomiting. A drop in blood pressure.

While waiting for emergency transportation, have the person lie down. If unconscious and breathing, lay the person on their side to allow drainage from the mouth. If there is no breathing, movement or response to touch, begin cardiopulmonary resuscitation (CPR) immediately! Check to see if the person is carrying an allergy kit containing epinephrine and follow instructions on the kit. People with known allergies to insect stings should always carry an insect sting allergy kit and wear a medical ID bracelet or necklace stating their allergy.

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The Examiner welcomes your comments and suggestions concerning the publication. Deadline for submission of articles is the 15th of each month for the following month's edition. Any format is welcome, however, the preferred method of submission is by e-mail or by computer disk.

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Celebrating Nurses' Week 2007: A Rich and Varied History

By CDR Kathleen Hewitt
CNM/WHNP
Robert E. Bush Naval Hospital

Caring for ill and dying people, in ancient civilizations right up until the present, was and is, the major influence in the development of what nursing is.

In ancient times, nursing was a 'calling,' and the care of the sick was related to physical maintenance and comfort, usually by family members or servants. The period of the Middle Ages saw the repression of women and nurses and the rise of the 'witch' phenomenon. In medieval times, nurses were men or women, called deacons or deaconesses. These persons were generally Christians who had offered their life in service to others. They often followed warriors of the Crusades from battle site to battle site, ministering to the injured and dying. As time went on, these deacons and deaconesses were called to serve in the church, leaving a void for

ministering to the sick. Many times, these positions were filled by prostitutes or criminal women who were serving jail sentences. The religious and military roots of modern nursing remain in evidence today.

Eighteenth-century medicine, which is stereotypically characterized by unhygienic hospitals, and bumbling physicians, barbers, or 'animal doctors', eventually evolved into the humanitarianism of nineteenth century nursing care provided by such pioneers as Florence Nightingale, who is regarded as the founder of modern nursing. She deemed that nursing was an occupation worthy of intelligence and dignity. She held fast to the belief that cleanliness at the bedside was a hallmark of recovery for the patient, as many combat wounds during the Crimean War had become infected simply from the patient lying in filth. She also felt that knowledge was the foundation of a good patient outcome.

During this same period of

time, the mid-1800's, Linda Richards and Dorothea Dix were working to improve the care of the mentally ill.

At the time of the American Civil War, Clara Barton began organizing nurses to provide care to the wounded, and established the American Red Cross, which was responsible for recruiting women for the Army Nurse Corps during WWI. The motto of the ANC became "American Nurses for American Men."

In 1893, Lavinia Dock, with Isobel Hampton Robb and Mary Nutting, founded the American Society of Superintendents of Training Schools for Nurses of the US and Canada. This organization was very politically active and became the National League of Nursing, which promotes quality nursing education to this day.

The economic depression of the 1930's was a critical time in the history of nursing. Prior to this time, only a few nurses were hired into hospitals. The

rest did private duty as semi-independent practitioners. They had their own cases and went into the home to work. With the Depression, hospitals began to employ nurses, and nursing care by trained nurses became the standard for all hospital patients.

World War II brought a resurgence of the military nurse, independent, knowledgeable, professional, and innovative, able to provide nursing care under severe circumstances, in POW camps and on the front lines. The standards of nursing service were more closely analyzed and elevated. Nursing education post-WWII gradually moved into the universities, and nursing students were no longer 'free labor.' It was a time of nursing expansion, and educational opportunities for women increased.

The introduction of the intensive care unit with the development of new technologies was also a crucial time in the expansion of the nursing role. The new technologies demanded skills for nurses to meet and manage. Prior to this time, advanced education for nurses concentrated on administration and education roles. Starting in the 70's, newer specialized skills were needed to meet the technological advances in health care.

Today, there are many different nursing specialties, encompassing care throughout the human lifespan and based on patient

needs. Many nurses who choose a specialty become certified in that area, signifying that they possess expert knowledge of the specialty. Nurses practice in a wide range of settings, from hospitals to visiting people in their homes and caring for them in schools, to research in pharmaceutical companies. Nurses work in offices and occupational or industrial settings, free-standing clinics, physician offices, nurse-run clinics, long-term care facilities, and camps. Nurses work on cruise ships and in military service. They act as advisors and consultants to the healthcare and insurance industries. Some nurses are attorneys and others work with attorneys as legal nurse consultants, reviewing patient records to assure that adequate care is provided and testifying in court.

In 1974, President Nixon proclaimed a National Nurse Week, and in 1982, a joint congressional resolution designated May 6 as National Recognition Day for Nurses. In 1991, the celebration was expanded to National Nurses Week (May 6-12) to accommodate the varied schedules, dedicated commitment, and contributions of over 2.7 million licensed registered nurses, 700,000 licensed practical nurses, 600,000 Home Health Aides, and 1.4 million nurses' aides who provide quality health care every day in America.

Asian/Pacific Islander Cultural Heritage Month

By HM1(FMF) Michael R. Santos, USN
Biomedical Equipment / Material Management
Robert E. Bush Naval Hospital

Every year, the month of May is designated as Asian/Pacific Islander Cultural Heritage Month. It is celebrated to ensure that their contribution to American legacy are honored and recognized throughout the diverse institutions of our country.

The enigmatic saga of this unique group of people offers a vibrant and complex view of life's travail, its failures and triumphs. These are stories worth retelling over and over for they encompass generations of brave and tenacious immigrants from the Far East who have endured a long and harsh journey into the free world, the great melting pot, and bringing with them their valuable knowledge and skills in the wonderful arena of cuisine, business, politics, education, community service, sports, language, arts, sciences and many other facets of life.

Thirty years ago, Senators Daniel Inouye and Spark

Matsunaga of Hawaii, Congressman Frank Horton of New York and Congressman Norman Mineta of California introduced a resolution marking the first week of May as Asian/Pacific Islander Cultural Heritage Week which coincides incidentally with the date when the first Japanese immigrants arrived on American soil in 1843. It was made an annual event the next year by former president Jimmy Carter. On 1990, President George H.W. Bush proclaimed the entire month of May as Asian/Pacific Islander Cultural Heritage Month.

It is really hard to resist the tempting Pancit (noodles) and Lumpia (egg roll) from the Philippines; Korea's BBQ and Kimchi (fermented vegetables); India's Murgha Kari (Chicken Curry); Thailand's Pad Thai (Thai Fried Noodles); Vietnam's Pho (Beef Noodle); Chamorro's Kelaguen (salad or main dish marinated in chili, onion, lemon

and coconut); Japan's sushi (fish or shellfish rolled in a bed of

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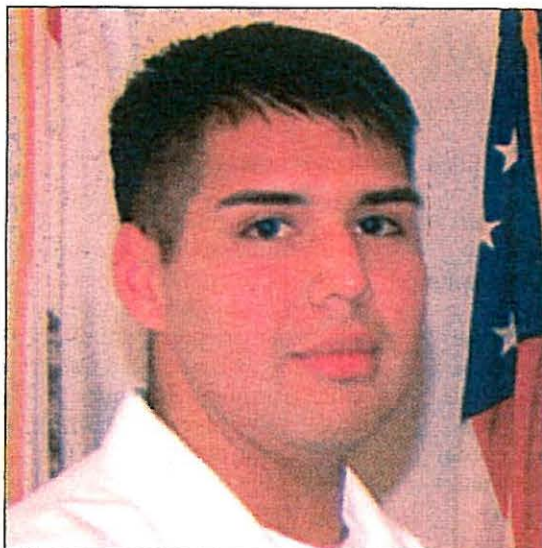
Super Stars



Diane Brisco, Primary Care Clinic receives a 15-Year Length of Service Award.



Evangelina Cates, Red Cross Volunteer, receives the Presidential Volunteer Award.



HN Omar Jalomo, Optometry Clinic receives his first Good Conduct Medal.



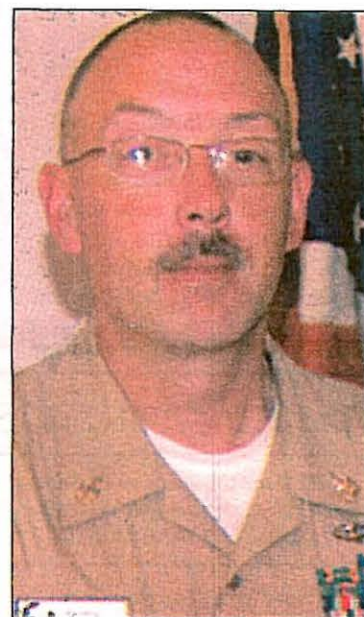
Takako Lee, Red Cross Volunteer, receives the Presidential Volunteer Award.



Lt. Musheerah Little, CEC, Facilities Manager, receives a Navy and Marine Corps Commendation Medal.



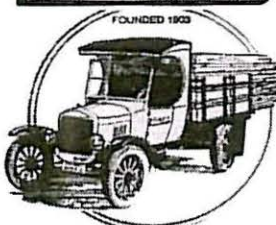
HM3 Luciano Rocha, Surgical Suite, receives his second Good Conduct Medal.



HMCS (SW) Rodney Ruth, Primary Care Clinic, receives a Navy and Marine Corps Achievement Medal (silver star in lieu of sixth award).

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PEOPLE OF THE QUARTER...

Continued from page 1

formed all the data pulls and verified data points for the Branch Health Clinic China Lake FY08 Business Plan. Demonstrating great initiative and personal sacrifice, you spent over 20 off-duty hours completing the Business Plan facilitating its submission in an unprecedented seven weeks. This was a tremendous project that also required you to provide training for business plan process owners to complete the Command Critical Initiatives. You also developed the Command Dashboard and completed all monthly data pulls required to populate the spreadsheets. This new command dashboard was a vast improvement over the previous dashboard and was well received by all."



Petty Officer 1st Class Alex Escobal, Laboratory, was named as the Senior Sailor of the Quarter for the period of Jan. 1 through 31 Mar. 2007.

His citation reads in part, "You have demonstrated exceptional service to command and community. As a command Board of Directors (BOD) enlisted Coordinator, you dutifully managed the scheduling of BOD activities. You assisted coordinating and directing weekly physical training sessions and bi-monthly mock test cycles as an Assistant Coordinator for the command's Fitness Enhancement Program. You worked tirelessly in mentoring and assisting junior personnel. As a Facilitator for the Recruit

to Chief program you supported the command's goal of raising the enlisted staff's advancement rate to at least match the Navy-wide rate. When junior personnel requested to move off-base, you utilized your training as a Command Financial Specialist to ensure they fully understood their financial obligations and personal responsibilities incurred by living in the local community. You organized the new First Class Petty Officer's Association, writing the organization's by-laws and establishing commitment to the command and its Sailors."



Mrs. Dawn Schadeegg, Physical Evaluation Board Liaison Officer, was picked as the Senior Civilian of the Quarter for the period of Jan. 1 through 31 Mar. 2007.

Her citation reads in part, "As the Physical Evaluation Board Liaison Officer, you provided disability and transition counseling to 40 Marines and Sailors, including eight Marines that had medical boards dictated at other facilities, saving these individu-

als an average of eight hours travel time and hundreds of dollars in personal expenses. Additionally, you worked with the Marine Liaison office and the medical staff of the units assigned to Marine Corps Air Ground Combat Center on transportation issues affecting 15 Marines, allowing them to arrive at their appointments at other military treatment facilities. You were called upon on short notice to provide information about 20 servicemembers that were placed on Physical Evaluation Boards due to injuries received in combat, assisting the command in meeting a BUMED-directed tasking within the allotted time frame."



Petty Officer 3rd Class Cody Thornton, Laboratory, was named as the Junior Sailor of the Quarter for the period of Jan. 1 through 31 Mar. 2007.

His citation reads in part, "Your technical knowledge and organizational skills had a direct and positive impact on the Laboratory. You revised and updated five Microbiology

Standard Operating Procedures (SOPs), making them user-friendly and fully compliant with regulatory requirements and accreditation standards. The phlebotomy class you taught for the Hospitalman Basic Skills course improved the blood collection skills of non-lab personnel. As the 2007 Hospital Corpsman Ball Events and Fundraiser Coordinator your efforts helped the committee raise over \$7,000, with \$2,300 being raised by one well-received event. The coordinated efforts of the committee now guarantee that the most junior enlisted personnel will be able to attend the Ball free. You also organized the 12-member Naval Hospital Volley Ball Team that competed in the base-wide tournament."

Linda 'Jill' Hartman, Branch Health Clinic China Lake has been selected as the Junior Civilian of the Quarter for the period of Jan. 1 through 31 Mar. 2007.

Her citation reads in part, "As Medical Records Technician, Primary Care Clinic, Branch Health Clinic China Lake you have consistently performed your duties in an exemplary and highly professional manner. Extremely dedicated and committed to excellence medical referral, you provided and directed only the highest standards of care. You totally revamped the referral process, improving the tracking process and providing excellent customer service to staff and



patients. As Morale Welfare and Recreation secretary, you were involved in all clinic functions and activities, assisting with numerous car washes, pot lucks, bake sales, hail and farewells, and breakfast sales. You increased the clinic's morale with a constant smile and 'can-do' attitude. Your overall efforts have made a positive impact to the beneficiaries in the China Lake community, and your untiring commitment to excellence is the hallmark of your performance. Your exemplary professionalism and outstanding performance of duty reflected great credit upon yourself and were in keeping with the highest tradition of the United States Naval Service. I commend you for a job 'Well Done' and wish you continued success in your future endeavors."

Continued on page 8

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By Chaplain Moran

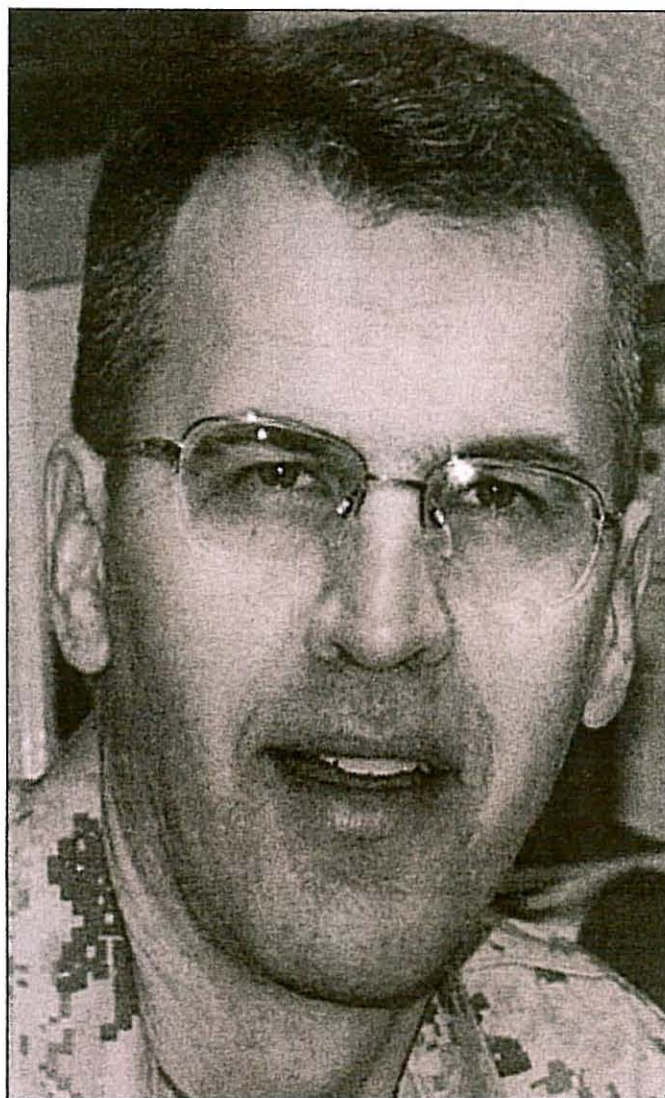
Robert E. Bush Naval Hospital

The Robert E. Bush Naval Hospital at Twentynine Palms has been without a Chaplain for some time so I have made it a top priority to ask people what services they would like provided by the Chaplain Services Department.

After meeting with the Commanding Officer, and the Board of Directors, and Department Heads, and two command orientation groups it is time now for me to report back to you what I have learned. The results are in! I have received over 100 Chaplain Services Survey Sheets which simply listed a number of activities people would or would not like to participate in. The responses that received a yes I made note of, and decided I would start with those activities that had the highest number of yeses. In this article I will only list the top

The top response was to pray for those who are deployed at the flag pole on the first Friday morning of the month. If you haven't made it a point to join the Commanding Officer on the first Friday of the month yet, try it, you'll like it.

The second highest response was to read a newsletter article from the chaplain every month. That is my mandate. When I saw the



number of responses that wanted that, I knew I had to get busy. Hence, this article. I will endeavor to keep you all up to date with what is going on.

The third highest response was to call the chaplain to visit with a patient/person in waiting area. I enjoy visiting with people. This has also re-enforced the mandate I have to be 'out and about.' If you have stopped by my office to see me, and you see the 'Chaplain is Making Rounds' sign on my door, please write me a note on my door so I can call you when I return.

The fourth highest affirmative response was to read a daily note of encouragement/devotional from the chaplain in the POD. Have you noticed the Chaplain's Corner in the POD lately? It is there because (you) the people requested it.

The training that received the most responses from the Chaplain's tool bag was 'What Smart Couples Know.' This is a half day training that is offered couples. It comes with a syllabus. It is put out by Family University. It is from the Marriage Center. It is a professional little booklet written by Les Parrott, Ph.D. and Leslie Parrott, Ph.D. If you would like to see a sample copy stop by my office. This next quarter we will see about getting it in the schedule for all of you who have indicated interest.

That's all for now. Thank you for your input. I appreciate your feedback.

REDUCTION SALE WITH BIG SAVINGS



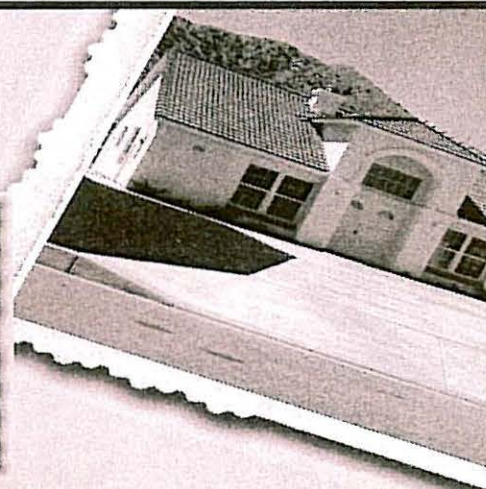
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-<24,301> Your Price \$399,999



Lot 118 57141 Selecta Ave.
Monument Plan C 2000sqft. Reg Price \$365,700
-<36,700> Your Price \$329,000



Lot 17 57239 Aranza CT
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-<47,535> Your Price \$329,365

Lot 65 57263 Selecta Ave.
Valley View 2250sf Reg Price \$452,500
-<27,500> Your Price \$425,000

Lot 91 57074 Milstone Drive
Reg Price \$321,000
-<28,150> Your Price \$292,850

Lot 122 57185 Selecta Ave.
2250sf Reg Price \$441,225
-<42,225> Your Price \$399,000

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PURPLE HEART AWARDED...

Continued from page 1

charge of the Branch Health Clinic, where Soares is currently stationed, a police transition team and a team of 20 Iraqi police were engaged with approximately 30 enemy personnel in a prolonged battle near the hospital (in Iraq). The team was engaged from four different locations, pinning them in their positions. During the engagement, an Iraqi police lieutenant received two gunshot wounds. Completely disregarding the effective machine gun fire from enemy positions, Soares immediately moved to the lieutenant and positioned him in an area that was thought to be covered from enemy fire. After stabilizing the patient, Soares' position started to take heavy enemy automatic fire. He was subsequently shot with a single round in the left shoulder, which passed through his upper torso, exiting through his right shoulder.

"He had the presence of mind to stay calm, even though he had no feeling below his shoulder blades," read Driver. "His professionalism and calmness was fused into his team members as he explained the proper procedures in dealing with his type of injury. HM3 Soares' courageous actions, initiative and complete dedication to duty reflected great credit upon himself and were in keeping with the highest traditions of the Marine Corps and the United States Naval Services."

The Purple Heart was established by General George Washington at Newburgh, NY, Aug. 7, 1782.

While the citation was being read, Capt. Mark O. Bowman, commanding officer, Navy Hospital Twentynine Palms, parent command of the Branch Health Clinic pinned the prestigious medal on Soares.

Following the Purple Heart presentation, Capt. Mick Gleason, commanding officer of the Naval Air Weapons Station, then read the names of the 27 IAs who served in Afghanistan, GTMo, Cuba; Iraq, Horn of Africa; Korea and Kuwait and who have returned to China Lake. He then noted that China Lake still has 26 personnel serving in Afghanistan; Bahrain; Djibouti; Gtmo, Cuba; Iraq; Kuwait and Pakistan.

Guest speaker RDML Mark Skinner, commander of the Naval Air Warfare System Weapons Division, then took the podium, noting it was great to be able to recognize the contributions of the IAs and their families.

The commander then talked about the uniqueness of being an IA -- an individual who is called to the battle arena due to his or her needed skills or knowledge. They aren't sent with their units, but go as individuals. He noted that augmentees usually have short notice of their deployment, that their training is different and extensive, but the danger is real.

Because they deploy as individuals, they may feel somewhat isolated. Their families may also feel isolated. We know how to support our deployed units and families, the commander said, we have been doing that for years. But we are still learning how to support the individual and his or her family. "Fleet and Family Services wants you to know that, for families, 'IA does not mean -- I'm alone.' There are many support mechanisms available to help you deal with the challenges."

Following the ceremony, IAs and their families and the families of those IAs currently deployed, were invited to partake of a free barbecue put on by the China Lake Commissary and the Navy Exchange, and to enter a raffle for a number of prizes donated by a variety of vendors. The biggest prize was a 20-inch television/DVD combo, which was won by Mike Hill, a reservist, who then donated the prize to Soares.



Price Reduced to \$269,000!!! This lovely 3 bedroom, 2 bath home with a gated, private pool has been upgraded and remodeled. Situated on 4.80 acres with mountain views, this hide-a-way boasts mature landscaping which adds to the property's allure. Come take a look and see for yourself what a find this property is for the most discerning buyer. 3633 Bluegrass Avenue, Twentynine Palms

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TRICARE DENTAL PROGRAMS...

Continued from page 2

* members of the uniformed services (including the Retired Reserve/Guard) who are entitled to retirement pay, including those age 65 and over

* members of the retired Reserve and Guard, including those in the 'grey area,' who are entitled to retired pay but will not begin receiving it until age 60

* current spouses of enrolled members

* children of enrolled members, up to age 21 (or to age 23 for full-time students, or older if they become disabled before losing eligibility)

* the surviving spouse who has not remarried and the eligible children of:

- a deceased member who died while eligible for coverage as described above

- a deceased active duty member who died while on active duty for a period of more than 30 days and whose family members are not eligible, or are no longer eligible for dental benefits under the Family Member Dental Plan.

Enrolled members can receive covered treatment anywhere in the United States, the District of

Columbia, Puerto Rico, Guam, the U.S. Virgin Islands, American Samoa, the Commonwealth of the Northern Mariana Islands and Canada.

For more information on TRDP, please contact Delta Dental of California at www.trdp.org or dial (888) 838-8737.

TriWest Healthcare Alliance does not manage TDP or TRDP. Beneficiaries should contact United Concordia or Delta Dental of California for assistance.

ASIAN/PACIFIC ISLANDER...

Continued from page 3

vinegared rice) and sashimi (raw fish); China's Dim Sum (steamed dumplings); Hawaii's Poke Aku (raw fish); Samoa's Okala (marinated tuna) and many other native delicacies. Our very own MRE (Meal Ready to Eat) has its own share of ethnicity such as Thai Chicken, Beef Teriyaki and Pork Chow Mein. Even our much patronized galley's offer sweet and sour pork and chicken adobo. How about the ultimate aphrodisiac, Balut (duck egg), anyone?

Many words of foreign roots are introduced by our own military personnel during their deployments in the orient such as Tycoon, from Japan's Taikun, meaning 'great prince/lord.' It was brought to America by Commodore Matthew C. Perry after negotiating with the Japanese to establish a trade agreement in 1854. Later on, it applies to business magnates. After the Spanish-American War of 1898, American GIs brought the word boondocks from the Philippines' bundok (mountain).

Later on, it bears the moniker of our military boots, the Navy's famous boondockers. Gung ho, from Beijing's gongh... which means work together was introduced by the United States Marines from China during World War II and adopted it as its unofficial motto as an expression of 'can do' attitude. These unique words are now assimilated in the English vocabulary mainstream.

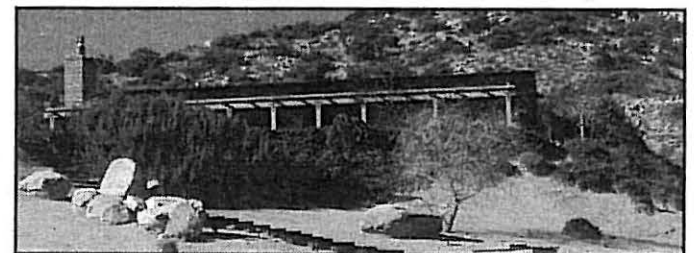
More than 270,000 US Armed Forces personnel of Asian/Pacific Islander descent have served our country gallantly.

Twenty-two of them have been awarded our nation's highest honor, the much revered Congressional Medal of Honor. Living meaningful lives, over 25,000 are still in active duty statuses who are mostly serving in harm's way, contributing greatly to our country's war against global terror and bringing that battle away from our homeland. Their selfless devotion to duties was instrumental in our nation's defense against enemy threat, guarding and protecting the very freedom entrusted to us by our founding fathers.

On this date...

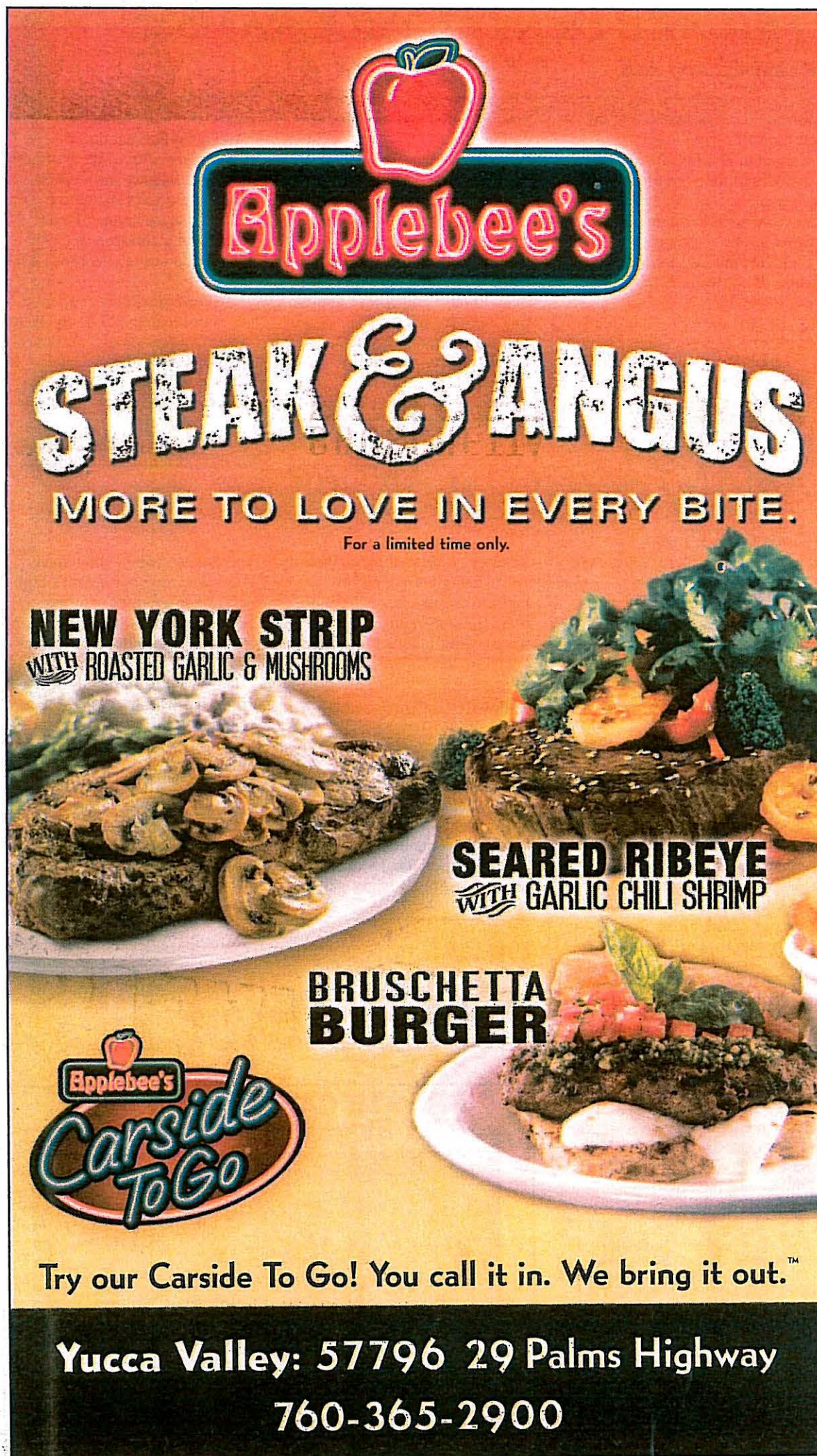
On May 2, 2000, the hospital at the Marine Corps Air Ground Combat Center, was re-dedicated as the Robert E. Bush Naval Hospital.

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Continued from page 4



Socary Rodriguez, Red Cross Volunteer, receives the Presidential Volunteer Award.

PEOPLE...

Continued from page 5



Hospitalman Elvia Cook, Family Medicine Department has been selected as the Blue Jacket of the Quarter for the period of Jan. 1 through 31 Mar. 2007.

Her citation reads in part, "As a member of the Family Medicine Department your knowledge as a senior corpsman has been consistently displayed

Super Stars



HM3 Bradley Wiens, Material Management Department, receives a Letter of Commendation



HM2 Maria Morales, right, of the Pharmacy receives her fourth Good Conduct Award.

by offering guidance and direction to 12 fellow corpsmen. As Assistant Infection Control Petty Officer for the department you have ensured all those in the department are strictly adhering to Infection Control policies. As a member of the Command Color Guard you were instrumental in making it possible for retirees to receive proper honors. A member of the Hospital Corps Ball committee you helped raise over \$2300.00 by putting together and assisting with various fund raisers. You helped bring a smile and better day to the folks at the High Desert Elderly Home by volunteering over 10 hours of your off duty time to visit with them."